

## Person Centred Planning Training



The value base of person centred approaches, means that usually all courses are delivered to inclusive groups.



This is important because if we learn together we have a shared understanding of how a person centred approach

can work.



All our courses are open to people who uses services, families, friends, staff and professionals unless there is a specific reason to design a specific workshop for a staff group. The team can help you to decide if this is what you

need.



- Breadth (Awareness) Workshop (1/2 –1

day)



This will give you an overview of person centred

approaches and person centred planning.



The workshops are inclusive and multi-agency and are open to all. The workshop will help you to understand

what person centred planning is and how it can help people to take responsibility for and enjoy their lives.



It will also help you to think about how you can help.  
General information relevant to all

- Circles Training (1/2 –1 day)



This is often provided to a home or organisation for a



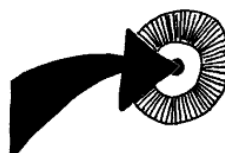
small number of people using their service.

We can offer this for up to 4 people and their circles of support at a time. The training includes an awareness workshop so all those present have a better understanding of what person centred planning is. This is followed by some initial planning using a MAP or a PATH



as an example. At the end of the workshop each circle will be able to make an action plan for how they will

help progress the Person Centred Plan.



- Depth Workshops (1-2 days each)



There are a number of different workshops designed to introduce you to the tools used in person centred planning. These include MAP, PATH, Essential Lifestyle Planning and Personal Futures Planning. The workshops are facilitated by experts with comprehensive experience in the use of each tool and in training others. All the courses are inclusive, multi-agency open to all. These workshops are suitable for anyone wanting to plan, circles of support, people helping others to plan.

- Training The Trainers (3 days)



This is a 2 day intensive course introducing you to the materials used in running awareness training, basic presentation skills and answering questions. You will be provided with a toolkit and will need to be able to help in providing training related to person centred planning



following the course.

The course is inclusive and multi-agency and open to people who have plans, their circles of support, and people with person centred planning or training roles in organisations. This course will be most useful to people who already have a clear understanding about person



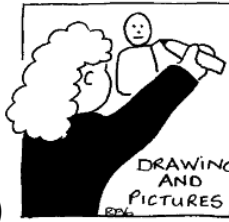
centred planning, its principles and values.

Day 3 is a follow up day reviewing experiences and

problem solving.



- Graphic Facilitation (2 days)



This course will help you to use drawings as a way of involving people in planning, consultation, recording information and helping people to understand what is happening in meetings.

It is open to anyone who wants to use pictures as a way of communicating, circles of support, people helping others with their communication.

During the 2 days you will learn how to draw simple pictures that can help communication.

- Other ◦ ◦



If appropriate, the Person Centred Planning team will design a workshop or advise on appropriate training to suit the needs of particular groups on request.



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